# Lido Market good morning

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BAKERY SHOP
               BREADS: 16 SEED, 6 SEED, WHOLE GRAIN, ARTISAN BREADS, PUMPERNICKLE, CHALLAH
               • 16 KINDS OF DONUTS & DANISHES • CINNAMON BUNS • FRENCH BAGUETTE •
         RISE
               SESAME • POPPYSEED • WHOLE GRAIN • KAISER • WHEAT AND HONEY • TURKEY
               SAUSAGES • EGG WHITE AND SPINACH • 16 KINDS CROISSANT • MUFFINS • BRIOCHE •
               RAISIN • PECAN APPLE • CINNAMON CRUMP COFFEE CAKE
      DUTCH
               UITSMIJTER • BAGUETTINI • ONTIBIJTKOEK • DARK RUSTIC BREADS / ROLLS •
     CORNER
               PRE- SLICED DUTCH GOUDA MATURE • PRE - SLICED DUTCH EMMENTAL •
               PRE- SLICED OLD GOUDA • PRE- SLICED REGULAR HAM/BLACK FOREST HAM
               STROOP WAFFLES • APPLE STROOP • HERRINGS - MARINATED, SOUR CREAM & ROLL
               MOPS • NUTELLA • CALVE PEANUT BUTTER • SOFT BUTTER • SOFT MARGARINE
               seasonal
               bammy, traditional jamaican cassava flatbread
      BREAD
               daily juices
      BOARD
               cranberry, apple, orange, pineapple, tomato
               apple • banana • orange • pears • strawberry • chopped fruits
               baquettini and breads
               topped with prosciutto *, salami *, cheese, mortadella, ham • 3 kind of danishes •
               croissants · chocolate croissants · raisins buns · caribbean corn bread
                with poached egg
               egg benedict • egg florentine • caribbean poached egg brekkie
        WILD
               daily smoked fish, herring and cold cuts
    HARVEST
               2kind of cold cut, ham *, turkey *, roastbeef *, salami *, prosciutto * • salmon * • trout*
               • 2 kind of herring *
               cereals, yogurts, in large bowls
               6 kind of cereals • greek yogurt • vanilla greek • muesli • mango puree • triple berry
               puree • berries • fruits chopped
               salads
               tomato • cucumber • onions • lettuce • beet roots • bell pepper • anti pasti • hard
               boiled egg
               milk jars, breads and crackers
               skim • 2%, whole • chocolate milk • whole grain • pumpernickel • rolls wasa • dutch
     DISTANT
               daily eggs
      LANDS
               omelet whole egg • egg white omelet • egg beater • fried egg *
     ITALIAN
                breads
               bagel • english muffin • white • brown • rye
                create your own omelet
               onions • bell pepper • tomato • spinach • olives • mushrooms • spinach • jalapenos •
               diced ham • smoked salmon* • avocado • clarified butter or pam spray
               cheese for omelet
               feta • cheddar • goat cheese • pepper jack • four kind of cream cheese
               hot condiments
               patties • bacon • red skin potatoes • hash brown • turkey link • pork link
     DISTANT
      LANDS
               omelet whole egg • egg white omelet • egg beater • fried egg *
        ASIA
               seasonal
               aloo choka, roti
               breads and danishes
               bagel • english muffin • white • brown • rye • pandesal • ensaymada
               create your own omelet
               onions • bell pepper • tomato • spinach • olives • mushrooms • spinach • jalapenos •
               diced ham • smoked salmon* • avocado • clarified butter or pam spray
               cheese for omelet
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non-dairy vegetarian If you have a food allergy or intolerance, please inform your server before placing your orde

NS no sugar added

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**GF** gluten-free

<sup>\*</sup> Public Health Advisory: Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase the risk for foodborne illness, especially if the consumer has certain medical conditions.

 $\mathsf{feta} \bullet \mathsf{cheddar} \bullet \mathsf{goat} \ \mathsf{cheese} \bullet \mathsf{pepper} \ \mathsf{jack} \bullet \mathsf{four} \ \mathsf{kind} \ \mathsf{of} \ \mathsf{cream} \ \mathsf{cheese}$ 

# hot condiments

patties  $\bullet$  bacon  $\bullet$  red skin potatoes  $\bullet$  hash brown  $\bullet$  turkey link  $\bullet$  pork link  $\bullet$  steamed rice

## congee

congee topping • chili • scallions • seaweed • boiled egg •roasted garlic • bonito flakes • chili oil • fish sauce • tofu• cooked beef/chicken • soy sauce

## ROASTING PAN

#### carvery

## HAM WHOLE • SMOKED PORK ROASTED

## daily

baked beans • scramble • bacon • english bacon • english bangers • turkey link • pork link • mushrooms • grill tomato • 15 kind sliced of fresh fruit • 2 kind of oats

# breads and english pastries

rye bread • rolls • 2 kind of scones

#### seasonal

fire engine corn beef with grits

## HOMESTEAD

## daily

scramble eggs • fried eggs • • boiled eggs • 15 kind of sliced cheese bacon • pork link • turkey link • turkey bacon • patties • hash brown • veggie link • pancakes blueberry, plain and banana • white bread • wheat bread • rye bread • english muffins • bagels 6 kind • french toast • standard cold cut • ham • turkey • roastbeef \* • grits • oats • smoked salmon \* (onion, caper, lemon, tomato, dill)

#### seasonal

bisquit and sausage gravy • huevo habaneros

# SWEET SPOT /KICK START

# in large bowls

muesli • chopped fruits • berries • greek yogurt • vanilla greek yogurt • mango puree • triple berry puree • sliced fruits prunes • apricot berry compote • strawberry compote • banana • orange • apple • pears • strawberry • grapefruit segments

JELLYBEANS

NET